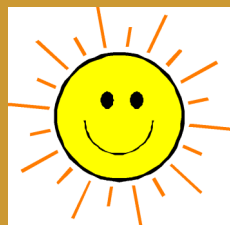




Wow!
The year
flew by!
Have a
wonderful
summer.
Rest up
and come
back
ready for
another
exciting
year in
Highland
School!



Highland Roar

June 2019

How To Eat Like A Child

No, this is not what you are thinking. We are not teaching you how to eat. How to Eat Like a Child was the school play for this year. Some of the Highland School 5th and 6th grade students were part of it. If you were in the art room in March, you may have seen the crazy designs on the flats. Those were part of the scenery. If you are interested, when you are in 5th and/or 6th grade, you can help out with the play next year! By the way, it is really fun! This year we made a violin, cards for the scenes, and the most

obvious, the big flats. Now, let's talk about the actual play. You can be part of stage crew or the play. Stage crew helps with all of the props, and some of the lighting, but Mr. Peters does most of the electronic stuff. Now, there is also the cast. If you are part of the cast, you get to sing lots of really fun songs. For example, This year, we have a slumber party scene which has a fun song. We also have a song about how to stay home from school, but please don't actually do that. There is also a normal scene on how to ride in

a car. Those were just a few examples of the songs we sang. If you are one of the students or staff, you were able to see the show during the day in school. If not, it was presented on April 4th, 2019 in the Highland School Gym. Hope you got to see it!

Karleigh Detrick

Middle School Softball

This year, the Midland Park high school didn't have enough girls to play middle school softball. They let the 6th graders tryout for the team! The softball coach, Ms. Marino, said that none of the girls were getting cut. Everyone made the team! If

you are on the team, it means there is practice four times a week after school. It could be tiring but we love to play anyway! If we have home games, we play in the Upper Sunset Field by the high school. If we play away games, we play in a lot of different

towns. We get picked up by the bus to get to the away games.
Ariel Pereira Ellis

Do The Right Thing



I bet you have probably heard of the Do the Right Thing assembly. If you haven't, it's something that Mr. Galasso sets up for the students in Highland School who do the right thing. At the end of every marking period we have an assembly. Around 10 people get chosen. If you get chosen, you get a t-shirt,

and a certificate. If you want to get it, you will have to work really hard. You will have to stand out to your teachers or anybody else because that's how you get nominated. A bunch of wonderful kids get nominated, but only a few kids get chosen. It is really hard for Mr. Galasso to choose, but he only selects the

best! Work hard and keep doing what you are doing. and maybe you'll get it!

Karleigh Detrick

Mill Gardens



You may or may not have heard of Mill Gardens. You will learn something about it now! First, each year a class of Highland School will be picked to go to a place called Mill Gardens. Mill Gardens is a retirement home, but, it's a very fun one. Mrs. Scala picks the class that goes. One day of each month in the school year, that class is sent on a bus to Mill Gardens. They get to spend about 2 periods with the people there. It works out to be about an hour for each

visit. When you go there you pick your seat while the rest of the residents are getting settled. Then the workers will start passing out the craft. You will get to start some conversation and begin the craft. Once people are starting to get to the end, the workers will then come and pass out a snack. Sometimes you will get cookies or there will be cupcakes if there is a well known holiday coming up. Sometimes they will simply bring out the basket with

small things like Oreos, crackers, small cookies, and snacks. You will also get some water if needed. Then you will start to clean up, and give the beautiful craft you made to a resident. After all of that fun, sometimes if a holiday is near, you will get some sort of goodie. Then, lastly, you will go on the bus right back to school!

Karleigh D.



The Invention Convention

Have you heard of the Invention Convention? If you haven't, it is a chance for some Midland Park kids to become little inventors. This year there were three divisions: 1st & 2nd, 3rd & 4th, and 5th & 6th. There were two

winners in each division. The top winner for 3rd & 4th is Olivia. Top for 5th & 6th is Lilah. This year had the most inventors joining! There were about 21 people. If you are thinking of doing it next year, the 2nd place winner gets

honors and a book on inventions, and the 1st place winner gets high honors, a \$10 Barnes & Noble gift card, and a book on inventions. Hope to see you there next year!

By: Karleigh Detrick



Bottle caps solution

How many plastic bottles do you use every day? Do you ever wonder what happens to the bottle cap? Over the last 30 years, more than 20 million bottle caps and lids were found during beach cleaning activities around the world. Currently, it is unknown how many bottle caps actually enter our oceans and wash up on shore. That includes your bottle cap!

We need to help out with this problem. The summer is coming soon. When you are on the beach, try to pick up one bottle cap. Every bottle cap you pick up doesn't pollute the ocean. I think you will pick up more if you get paid. In some states like Michigan, a plastic bottle is worth 10 cents; in others, its value is no less than 4-5 cents. Plastics can also do a lot of harm to the ocean, most of

all to the animals. Over time, polluting plastics break down into small toxic particles in the ocean and affect the marine ecosystems from plankton to whales. When the tiniest organisms get poisoned due to plastic ingestion, they disrupt the larger animals that depend on them for food. We need to recycle bottle caps now! 90% of bottle caps are not recycled! Different kinds of plastic can degrade at different rates, but the average time for a plastic bottle to completely degrade is at least 450 years. It can even take some bottles 1000 years to biodegrade! That's a long time for even the smallest bottle. You will be surprised by how many plastic bottles and caps are used each day. In the United States, every second of every day, 1,500 plastic bottles

are discarded. Americans send more than 38 billion water bottles to landfills every year. That is the equivalent of 912 million gallons of oil. Can you believe it? I hope you will now recycle your plastic bottles and bottle caps.

Lauren Trotta



Basketball

I'm pretty sure you've heard of the sport basketball. Well, lately the 4th grade girls team just won the championships! On March 21, 2019 at 6:00 pm it all

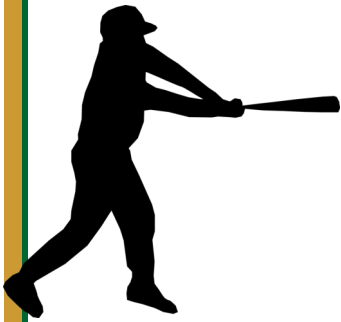
went down. At first, they were down by 8 points. Then in the second half, they came right back up and won, 20-22. It was an amazing game. I'm glad I

went! If you want any more information, I'm sure you can always ask a fellow 4th grader.

By: Karleigh Detrick



Baseball V.S. Softball



I'm sure you have all heard of the sport called baseball, or softball. Well, in many ways, baseball and softball are the same, but yet VERY different! First off, the thing I hate most in baseball, they can start stealing all bases at second grade. But on the other hand, girls only start stealing third base, at fifth grade! Then, boys pitch

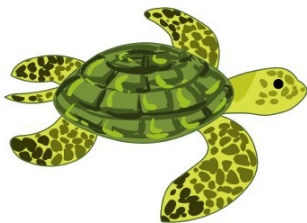
over-hand, and girls pitch underhand with a windmill. Ok, that isn't that bad. Girls get their thing and the boys get theirs. Another difference is that boys pitch on a mound, and girls don't. I think that has to do with logic though. Lastly, in softball there can be three or four outfielders, and in the boys games there are always three. Now, let's

start similarities, even though there are still MANY differences. First, it is a sport where a pitcher throws a ball and the batter will try to hit it with a bat. Also, you always wear a helmet. There are always two teams, and lastly you throw the ball overhand or underhand to get it to where the play is going. Karleigh D.

Beach Clean Up



How much trash do you put in the garbage? How much trash do you think is in the ocean? Well, most of what you throw away goes into the ocean. Each year, an estimated 18 billion pounds of plastic waste enters the world's oceans from coastal regions. That's about equal to five grocery bags of plastic trash piled up on every foot of coastline on the planet. Americans generate 10.5 million tons of plastic waste a year but recycle only 1 or 2 % of it. An estimated 14 billion pounds of trash, most of it plastic, is dumped in the world's oceans every year. There are also animals out there dying from trash. You won't



be happy to hear how many animals die from trash. In a year, there is an estimated 100,000 marine creatures that die from plastic entanglement and these are the ones found. Approximately 1 million sea birds also die from plastic. A plastic bag can kill numerous animals because they take so long to disintegrate. It can harm a lot of sea creatures. Seabirds, turtles, marine mammals and fish can mistake floating trash for food. If ingested, it can choke them or block their digestive systems. Large debris, such as old fishing gear and nets, can kill animals by strangulation or prevent them from performing vital activities such as

swimming or diving. It can do a lot of harm to the whole earth. Humans, animals and plants all need unpolluted water to survive. Litter can also clog storm-water drains and cause flooding. Food scraps and other organic items that are disposed of improperly can increase algal blooms in water, which reduces the amount of available oxygen for other aquatic life, such as fish. Let us work on minimizing garbage by reusing and recycling plastic. Let us be mindful of the other creatures on earth. Keep the oceans clean!! Lauren Trotta

Technology Problem

Technology has been around for a very long time. Ever since then people fell in love with it. How long do your parents use it each day? American adults spend more than 11 hours per day watching, reading, listening to or simply interacting with media. That's up from nine hours 32 minutes, just four years ago. Any activity that requires active use of your eyes -- driving, reading, and writing

included -- can cause eye fatigue. Staring at your digital devices for long periods of time can lead to sore, irritated and dry eyes, and headaches. Early results revealed that kids who use screens for more than 7 hours per day show physical changes to the brain in the form of premature thinning of the cortex. There was a study of 390,089 people who spent time looking at TV and computer

screens during leisure time. Between ages 2 and 5, they would recommend you keep the screen time to one hour or less per day. And in children that are older than 5, they recommend trying to minimize a recreational or enjoyment related screen time to two hours or less per day. So I hope you will keep track of your screen time.

Lauren T.



Summer Plans

What are you doing this summer? Here are some Ideas.

(1) Have a picnic at the playground. (2) Kick off your day with donuts and smoothies at the park. (3) Host a cookout. (4) Roast marshmallows over a campfire and make s'mores. (5) Camp out in your backyard. (6) Go for a family bike ride. (7) Have a water gun or water balloon battle. (8) Play shaving cream twister. (9) Blow bubbles. (10) Play Frisbee and kickball. (11) Fly a kite. (12) Join the Summer Story time program at your local library

(13) Place the sprinkler under the trampoline or jump on it with water balloons! (14) Go hiking. (15) Have a nature scavenger hunt. (16) Sit on the ground and identify the shapes of the clouds. (17) Watch a movie at a drive in. (18) Visit the local zoo (19) Go to a parade. (20) Make a sensory bottle aquarium. (21) Go to the beach. (22) Spend the day at the pool or water park. (23) Go to a carnival or a fair. (24) Take your scooters to a local skate park. (25) Watch a fireworks show. (26) Play a round

of mini golf. (27) Watch the sunrise. (28) Build a sandcastle. (29) Make your own tire swing. (30) Make homemade slime.

Lauren T.



Interview with Mrs. Carr by Anthony Pereira Ellis

1. How do you feel about winning the PTA Best Teacher in New Jersey?
"Amazing"
2. Do you like teaching? "I love teaching".
3. Do you like this school? "This feels like my home away from home".
4. Do you like being a library teacher? "I love it! It's always what I wanted to do since I was a little kid".
5. What is your favorite meal of the day? "Dinner with my family".
6. What book was your favorite for One School, One Book? "The World According to Humphrey".
7. What is your favorite golden leaf award winner? "Master Man".
8. What is your favorite golden leaf award winner Nominee, book? "Our Tree Named Steve".



Field Day 2019



This year there were 16 different games and with a theme of Dr. Seuss. The first game was "Thing 1, 2, 3 & 4 Who Will Win the Tug of War". Other games were "The Cat's Quizzer" and "I Wish I had Duck Feet". There were many more Seuss related games. Each grade had a different colored t-shirt. Kinder-

garten was yellow, 1st was orange, 2nd was red, 3rd was purple, 4th was green, and 5th was blue. 6th was grey. The games were spread upon both schools and it was a blast! Everyone had a great time!
Tim Carr



All About New York City

Do you sometimes wonder how New York City got its name? Well, this is how it happened. The English took over the colony in 1664 during the second Anglo-Dutch War. They changed the name to New York, to honor the Duke of York, who later became King James II of England and James VII of Scotland. The

Dutch surrendered Nieuw Amsterdam without fighting. Currently, there are 8.632 million people living in New York City. That is more than Los Angeles has now. Did you know that the oldest building was built in 1652? It is called the Wyckoff Farmhouse Museum which is located in Brooklyn. In 1789, New York

City became the first capital of the United States. That is a long time ago!! Well, I hope you learned a thing or two about New York.
Lauren T.

Animal Problems



Where did you get your pet? Each year, approximately 1.5 million shelter animals are euthanized (670,000 dogs and 860,000 cats). Each year, approximately 2.7 million dogs and cats are killed every year because shelters are too full and there aren't enough adoptive homes. The number of dogs and cats euthanized in U.S. shelters annually has declined from approximately 2.6 million in 2011. An animal shelter or pound is a place where

stray, lost, abandoned or surrendered animals, mostly dogs and cats, and sometimes sick or wounded wildlife are kept and rehabilitated. Some shelters even have sick tropical animals. Animal shelters care for many animals including dogs and cats, as well as goats, cows, donkeys, pigs and other larger farm animals. Some animal sanctuaries even keep wild animals, such as lions and tigers. These animals may have been euthanized due to over-

crowding, but may also have been sick, aggressive, injured or suffering from something else. More cats are euthanized than dogs because they are more likely to enter a shelter without any owner identification. So now you know what animals go through! When you adopt a pet you certainly have to take care of it!

Lauren T. and Gabrielle P.

Homeless People

Do you like your house and clothes? Well, some people out there have nothing. There are many reasons how the homeless people got this way. Some of them are: (1) lack of affordable housing, (2) unemployment, (3) poverty and (4) low wages. There are also many ways to help the homeless like donating money. A small donation

can go a long way at a homeless shelter. There are so many people you can help. In 2017, there were around 554,000 homeless people in the United States on a given night or 0.17% of the population. Homelessness emerged as a national issue in the 1870s. Right now 63,029 people are in New York shelters. There are also 15,193

families who are in shelters. So, do your share and help others!
Lauren T.

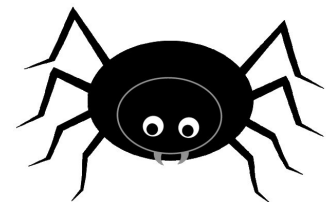


Fears

What are you scared of? Most people have Arachnophobia. Arachnophobia is the fear of spiders and other arachnids. Most people also have Acrophobia. Acrophobia is the fear of heights. Almost 23 million adults have this fear. I would say the weirdest fear is

Nomophobia which is the fear of being without cell phones. We don't need to be afraid of that! Well, really, fears are not always caused by one big scary event. Sometimes it is something that happens more than once. You may not know this but fear is

healthy for you. Fear can help you through so much. Overall, fears are normal in childhood. All you have to do is be brave!
Lauren T.



Morning Show

This article will be about explaining about the Morning Show! In 6th grade, there is an elective class called Video Production. There are a lot of jobs you can do. I bet you guys are wondering how we make these morning shows. We use Wevideo to make the morning shows! Ms. Marino will switch the roles around to let the students have a chance to do a new role. Being a part of the

morning show can be difficult since everyone needs to work together at the same time. I got a chance to be the weather person in one of the morning shows. I personally like watching the sportscaster the most because then I get to find out which team wins in baseball and basketball with my friends. But I really liked this marking period morning show too. They did a really good job on it! The Morning Show is fun

to make but it can be hard also. I hope you have a lot of fun in this class. I hope you have as much fun as I did!

Ariel Pereira Ellis



Memorial Day

Memorial Day is a federal holiday in the United States. It is a time for remembering and honoring people who have died while serving in the United States Armed Forces. The holiday is observed on the last Monday of May. Memorial Day was previously observed on May 30 from 1868 to 1971. It started at the end of The Civil War. This year Memorial Day was May 27.

There are many ways to celebrate Memorial Day. You can wear your Memorial Day Button from the first of May until Memorial Day. You can visit cemeteries and place flags or flowers on the graves of our fallen heroes. Another way to honor the soldiers is by flying the U.S. flag at half-staff until noon or by visiting memorials. Approximately 620,000 soldiers on both sides died during the Civil War. Many more have died in wars since then.

Lauren T.



Thank You...

This is my last issue of the Highland Roar! There have been many wonderful students who have taken part in the Newspaper Club and I've enjoyed working with all of you! I am leaving with many fond memories of the students of Midland Park, from the Highland Roar and Art Club, to the many Musicals, and especially all of the classes. You will always be stars to me!

My Best Wishes to all of you,
Mrs. Brennan

